

Coach Profile

Bernhard A Zimmermann



Nationality: German

Residence: South of Hamburg, Germany

Languages: German, English, and Dutch

Areas of expertise:

- Executive coaching
- Leadership coaching
- Team development & coaching
- Research & Development

Corporate and Management Experience

Bernhard has more than 15 years of professional experience in the field of research & development of chemical and consumer products in a large multinational corporation. He is particularly experienced in the fields of leadership development, enhancing team performance, facilitation and application of creativity techniques. He has several years experience with corporate in-house coaching as well as externally provided coaching. Prior to moving full-time into coaching, he was a European technical brand manager with one of the world's leading fast moving consumer goods corporations with over 250,000 employees. He has more than twelve years of experience as line manager in assignments spanning from programme management in corporate research to factory management in different European countries. He regularly publishes articles about leadership and team development in industry specific journals.

Academic Qualifications

Masters of Science in Chemical Engineering, University of Stuttgart

Coaching Education and Certification

Diploma in Coaching (Oxford Cambridge Examination Board RSA), Coach Training Program Management Futures, London
Systemic Coaching, Prof. Clement Centre for Systemic Research and Consulting, Heidelberg

Coaching Approach

In coaching sessions I apply the principles of co-active coaching. In short these are:

- The client is naturally creative, resourceful, and whole
- Co-active coaching addresses the client's whole life
- The agenda comes from the client
- The relationship is a designed alliance

When appropriate I take the client into a future perspective to develop the way forward from the “Here and Now”.

Training

Systemic Coaching, Center for Systemic Research & Consulting, Heidelberg

Facilitator for creative workshops, Synectics International Ltd.

TeleClass Leader, TeleClass International Inc.

Accredited user of: Myers Briggs Type Indicator Step1&2™
Firo-B™
Inventory of Leadership Styles™
Emotional Competency Inventory™
Leadership Effectiveness Analysis™

Other Activities

Consulting in R&D organizations on Innovation Process Management

Facilitation of workshops to develop corporate/functional strategies and to develop creative solutions with R&D teams

When time allows, training and coaching in SCUBA diving and underwater photography