

Coach Profile

Dr. Karl-Josef Does



Nationality: German

Residence: Stuttgart

Languages: German and English

Areas of expertise:

- Executive leadership coaching
- Business development
- Success management
- Work-Life balance
- Service, marketing & sales
- Mergers & acquisitions

Corporate and Management Experience

In more than 20 years as a manager in leading international companies, Dr. Does has been able to gather business experience under very dynamic and competitive business conditions. A broad variety of positions and business perspectives have provided him with abundant conceptual and practical challenges for managing permanent change: as a business analyst and strategic planner, as a line manager in Service, Marketing and Sales, as Business Unit Manager and General Manager; in positions with international responsibility, in Germany, USA, Central and Eastern Europe; under seemingly stable business conditions as well as in turbulent times of M&A's.

Academic Qualifications

Dipl. Volkswirt, degree in Economics and Social Sciences, Social Psychology,
University of Cologne

Ph.D. in Sociology and Political Science, University of Freiburg, (Prof. Oberndörfer)
Postgraduate studies in Ann Arbor, Michigan, USA

Training

Team Development, Project Management, and Executive Leadership
Techniques in Mental Training, Imagination Training, Erich E. Weissmann
Family-Energy, Erich E. Weissmann
Jin Shin Jyutsu Practitioner

Coaching Education and Certification

Member, International Coach Federation
Integral Business Coach, Integral Coach Academy, Berlin

Coaching Approach

Motion, creative power and objective-driven change begin in the mind of leaders. Dr. Does supports people with his coaching approach in their effort to grow personally along with their challenges. He assists them in developing their full potential for private and professional success, and if necessary, turning a personal or professional crisis into an opportunity for further advancement. He also brings his very personal experience that an ambitious professional involvement, physical fitness and health, a fulfilling partnership, personal happiness and an intense spiritual life need not represent conflicting objectives, but can be mutually supportive for a rewarding and well balanced life. He applies the philosophy and the toolset of “Integral Coaching” as his professional methodical platform.

Other Activities

On the personal side, he keeps himself in good shape physically, mentally and spiritually by jogging, hiking and meditating daily. He loves sailing, canoeing and being outdoors. Reading and dealing with psychological matters, philosophy and politics are exciting and relaxing at the same time for him. When he has the time, he enjoys playing the piano.

He volunteers as a business consultant and coach in “Development Aid“ projects, to help businesses in developing countries speed up their learning curve.